

Travel Health Advice – Vaccines List

****All Vaccine Prices to be confirmed by the HCA team****

Vaccine Name	Disease	Doses Needed
AVAXIM HAVRIX	Hepatitis A	2
HBvaxPRO ENGERIX B	Hepatitis B	3 – 4
TWINRIX	Hepatitis A & B (combined)	3
TYPHIM Vi	Typhoid Fever	1
VIATIM HEPATYRIX	Hepatitis A & Typhoid Fever (combined)	1
REVAXIS	Tetanus & Diphtheria & Poliomyelitis (combined)	1
STAMARIL	Yellow Fever	1
RABIPUR RABIES	Rabies	3
IXIARO	Japanese Encephalitis	2
TICO VAC	Tick-borne Encephalitis	3
MANVEO	Meningitis Acwy	1
DUKORAL	Cholera	2
PNEUMOVAX II	Pneumoniococcus	1

Travelling Advice & Inoculations

For most destinations you will need the following inoculations:

- 1 **Hepatitis A.** Two doses of the vaccine needed to gain full, 25 year cover against the disease. The first dose will be given on appointment and the second dose needs to be administered after 6 months. If you miss the second dose your immunisation expires and you will need to start again should you need protection in the future.
- 2 **Typhoid Fever.** One dose needed that provides cover for 3 years.
(Hepatitis A & Typhoid Fever can be given in a combined vaccine).
- 3 **Tetanus/Diphtheria/Poliomyelitis (combined vaccine).** One dose needed that provides cover for 10 years.
- 4 **Prophylaxis against Malaria.** If you will be travelling within malaria endemic areas you will need anti-malarial tablets. We normally give prescriptions for Malarone which you need to start taking 2 days before entering the endemic areas and carry on until 7 days after you have left. One tablet daily. It's the only type of anti-malarials that come with minimal side effects and which you take for a shorter period of time.
- 5 **Prophylaxis against Traveller's Diarrhoea.** We normally give a prescription for a 7 day course of an antibiotic called 'Ciprofloxacin' which is used for the treatment of traveller's diarrhoea. You take a supply on your trip and if you develop any symptoms (abdominal pain, vomiting, diarrhoea) you start taking one tablet, twice daily, for 7 days.

Depending on your accommodation areas/type and the exposure to wildlife you may also need to consider:

- 6 **Yellow Fever. ONLY** if you will be travelling to, or if you will be transient from, Sub-Saharan African or South American countries. One dose needed that provides cover for life. The vaccination certificate is valid for 10 years only, as per current regulations.
- 7 **Hepatitis B.** Three doses of the vaccine needed to gain full, 5 year cover against the disease. The first dose will be given on appointment, the second needs to be administered within a month and the third/final within 6 months. Thereafter you may need one extra (booster) dose every 5 years to keep up your immunity against Hep. B.
- 8 **Rabies.** Three doses of the vaccine needed to gain full, 10 year cover against the disease. The first dose will be given on appointment, the second needs to be administered within 7 days and the third/final within 21 days of the first dose.